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## Magnesium Gel 237ml



**Price: £29.95**

### **Short Description**

Essence of Life Magnesium Gel: Delivers high levels of magnesium directly through the skin to the cellular level, bypassing common intestinal and kidney symptoms associated with oral magnesium supplementation. Our Magnesium Rub and Gel are derived from the ocean.

### **Description**

#### **ESSENCE OF LIFE MAGNESIUM GEL:**

Delivers high levels of magnesium directly through the skin to the cellular level, bypassing common intestinal and kidney symptoms associated with oral magnesium supplementation. Our Magnesium Gel and Rub are derived from the ocean. In essence, you are getting natural ocean water in its most condensed form.

The gelling agent is an all natural polysaccharide and is highly tolerant of the high mineral content of the Magnesium Rub. It can retain its qualities in hot or cold conditions, and it has almost unlimited shelf-life stability. The brilliant gelling product is a product of France and is used by major, multi-national cosmetic companies. It has a rich, luxurious feel, slides like silk and is great for holding the magnesium on your skin, while the body drinks up the magnesium for relief from aches and pains and the plethora

of general symptoms resulting from magnesium deficiency.

**Health Issues:**

Research indicates that most people are lacking in magnesium and that many health issues are related to magnesium deficiency. Reduced levels of DHEA (the "youth hormone") are also directly related to magnesium deficiency. Magnesium Rub can deliver all of the magnesium you need to restore DHEA levels and to help you look and feel younger.

**Usage Advice:**

Apply directly to appropriate area. Massage Magnesium Rub into aching joints and muscles or into skin needing rejuvenation. A slight tingling may be experienced initially. If undue redness or sting is experienced, dilute with water or apply to wet skin. Alternatively use 30-60ml in a tub or foot bath & soak for at least 20 minutes to relieve aches, pains and stress while you increase your magnesium levels.

**Recommended Use:**

As a magnesium supplement; providing magnesium by absorption through the skin. Can also be used to moisturize and refresh the skin, as a natural under arm deodorant, toner, or spa bath mineral.

**Ingredients:**

Concentrated seawater with the sodium removed, polysaccharide gel (Amigel®; all natural sources.)

Each ml contains 225 mg magnesium chloride.

A blob the size of a 1€ coin is approximately 400mg.